Who benefits from Transforming Touch®?

Transforming Touch® can be helpful if you have experienced any type of early developmental trauma.

Developmental Trauma is an inclusive term that relates to anything that interrupts the natural process of growth and development in early life.

This can include: intergenerational trauma, disconnect around conception, repeated fear or threat (imagined or real), a fast birth, birth trauma, c-section, separation from your mother, medical interventions, abuse or neglect, adoption or abandonment, anxious or disorganised parenting, as well as community trauma and many more possibilities.



Who is Dr. Terrell?

Dr. Stephen Terrell is a leading expert in the field of Developmental Trauma and Adoption and is recognised worldwide for his work in this area.

He is co-author of the book 'Nurturing Resilience' with Kathy L. Kain. In this book they draw on fifty years of their combined clinical and teaching experience to provide this clear road map for understanding and working with the complexities of early trauma and its related symptoms.

Dr. Terrell advocates moving from a symptom-led framework & diagnostics to acknowledging every client's presentation as normal, based on what they have experienced.



CONTACT US

Transforming Touch®

Practitioner Training



Supporting the healing of Early Developmental Trauma

www.austinattach.com



What is Transforming Touch®?

Transforming Touch® is a regulation focused therapy, that uses safe touch to heal early developmental trauma. It was developed by Dr. Stephen Terrell & works with a 7-point protocol to build attachment & somatic trust in the body. Over time, enhancements and the integration of primitive reflexes are incorporated.

Transforming Touch® is a relational, non-pathologising approach that is profoundly healing at the nervous system level. It brings together several disciplines including Attachment Theory, Polyvagal Theory, Neuroscience, Child Development Theory, Trauma & Somatics.

With ongoing sessions a person's capacity & resilience improves as does their ability to deal with stress in everyday life.

Becoming a Practitioner

Join the thousands of Practitioners implementing a Regulation-Focused Approach for treating Developmental Trauma.

The training consists of 3 modules that can be completed in-person, online or through independent learning with a senior assistant. The in-person trainings (3 x 4-day workshops) take place at several international locations including in the US and Ireland (Dublin).

This training is open to a wide range of professionals including Psychotherapists, Counsellors, Social Workers, Art or Music Therapists, Medical Doctors, Psychiatrists, Nurses, Body Workers, Cranial Sacral Therapists, Somatic Therapists etc If you are unsure about your qualifications, please contact the training coordinator..

What is the training format?

The two-part training experience commences with lectures taught online through pre-recorded videos. It is directly followed by the skill building portion taught in person by Dr. Terrell.

Students gain in-depth knowledge and confidence in their skills through practice with other therapists in a small group learning environment. A detailed curriculum is available on our website.

During and after the training, there is ongoing online support for practitioners including weekly reviews, weekly case consults & weekly group healing sessions. Attendance is free.

There is also an online collaborative learning community where people can interact with other practitioners and arrange to trade sessions. All great ways to be part of the Transforming Touch® community & lean into your own healing.

